

Community Training Opportunities

Course Title	Course Type & Information	Contact	Cost
Featured Opportunities:			
RECOVERY COACH ACADEMY (CCAR) SPANISH VERSION AVAILABLE	Online	XAIMAR CRUZ Participant Coordinator xcruz@ccar.us	\$850 Scholarships available
Mental Health First Aid Trainings:			
Mental Health First Aid – Adult/Youth	Mixed class options	Meagan MacGregor mmacgregor@chrhealth.org	None
Mental Health First Aid by Mental Health Connecticut	Online – Instructor Led 12-30 individuals per class	collab@mhconn.org	None
Mental Health First Aid by EdAdvance	Mixed class options	Diane Cassidy, MHAT-WCT Program Coordinator, at cassidy@edadvance.org or 860.567.0863 ext. 1252.	None
Suicide Prevention Trainings:			
QPR by EdAdvance		Diane Cassidy, MHAT-WCT Coordinator at cassidy@edadvance.org or 860.567.0863 ext. 1252.	None
Opioid & Substance Use and Overdose Prevention Trainings:			
Naloxone for Opioid Overdose 101	Web/Online Based or Self-Study		
Additional Community Trainings & Resources:			
Sharon Hospital & Nuvance Health Various health, wellness, and community education classes	Mixed class options	Jim Hutchinson jhutchis@health-quest.org 860-364-4493 Wendy Hennessy Wendy.Hennessy@NuvanceHealth.org (845) 475-9742	See course website
Sharon Hospital Community Outreach Sharon Hospital offers a lunch-and-learn wellness series with presentations from the medical staff. The hospital also participates in medication give-back programs in partnership with local government agencies.		marina.ballantine@nuvancehealth.org .	
Charlotte Hungerford Hospital Variety of classes offered to help patients, families, and the community manage conditions such as, depression, anxiety, substance use disorder, pediatric care, cancer care, diabetes, heart disease, etc.		Each course has a specific registration page.	See course website

