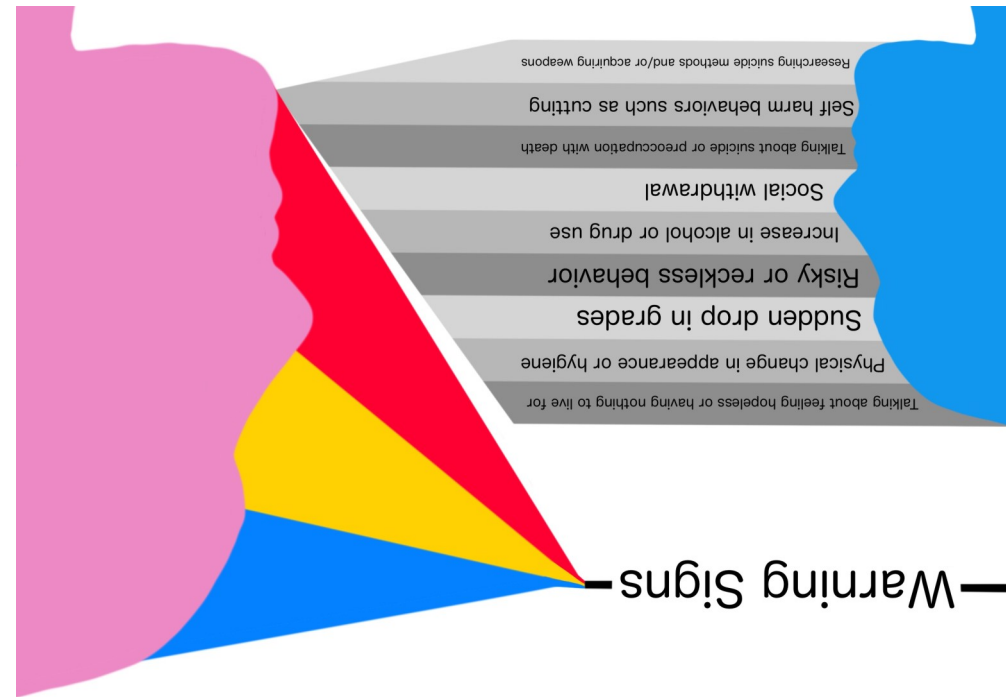


National Suicide Prevention
 1-800-273-TALK (1-800-273-8255)
 1-877-784-2432 (Spanish)
 suicidepreventionlifeline.org/chat
 Text "LISTEN" to 741-741
 CT Junior Republic Wellness Center
 550 Goshen Road Litchfield, CT
 860-567-9423
www.preventsuicide.org
www.cdc.gov/suicide/index.html
 Mental Health Connecticut
MentalHealthCT.mhconn.org
 American Foundation for
 Suicide Prevention
 @TWLOHA @TeenHealth101
 @MentalHealthAmerica
 @dontmind
 @GizmosFrens



Zines for Teens!
 Art is by Matthew Vinisko from
 Litchfield High School in CT.

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 resources can be downloaded at
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